Weekly Preschool Lesson Ideas

Week of: April 6th- April 10th

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| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Alphabet  Look at a book or magazine and… | Find 10 A’s  (upper or lower case) | Find 10 B’s  (upper or lower case) | Find 10 C’s  (upper or lower case) | Find 10 D’s  (upper or lower case) | Find 10 E’s  (upper or lower case) |
| Writing | Put flour on a plate and write letter in it | Write or trace name on paper with a pencil | Build letters with craft sticks | Write or trace name on paper with a pencil | Take a Break from Writing |
| Math | Pattern with 2 objects: create an AB pattern (red, blue, red, blue) | Look at a deck of cards and say the name of the digit | Count out ten pieces of cereal or other snack item | Sort something by size…smallest to largest | Look around and identify shapes in a certain room. |
| Pre-K Facebook page |  | Watch story on McKeesport Area Pre-K Counts Facebook Page | Watch science or sensory activity on Facebook | Watch story on McKeesport Area Pre-K Counts Facebook Page |  |
| Motor | Fine: button and unbutton a shirt 5 times | Gross: Balance on each foot for 5 seconds. repeat | Fine: Practice buckling and unbuckling a belt 5 times | Gross: in a large space, walk forward, walk backward, skip, and hop | Fine: cut a straight line |
| Oral language | Say two words: thumbs up if they rhyme and thumbs down if not | Have a conversation with at least three exchanges on topic | Work on words with –er and –est. Example big, bigger, biggest | Identify describing words or adjectives (colors, size, shape) | Expand vocabulary by introducing a new word today! |
| Independence/ Social Emotional Development | Give your child one chore to complete today | Identify someone’s feeling in a story or TV show today | Clean up after playing | Do something kind for someone | Help a parent prepare a meal today or set the table |



Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Teacher: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Parent Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

 Weekly Preschool Lesson Ideas (Bugs, Bugs, Bugs- Book)

Week of: April 13th- April 17th (Week of the Young Child)

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|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Alphabet  Look at a book or magazine and… | Find 10 F’s  (upper or lower case) | Find 10 G’s  (upper or lower case) | Find 10 H’s  (upper or lower case) | Find 10 I’s  (upper or lower case) | Find 10 J’s  (upper or lower case) |
| Writing | Put shaving cream on a plate and write letter in it | Write or trace name on paper with a pencil | Build letters with Q-Tips | Write or trace name on paper with a pencil | Take a Break from Writing |
| Math | Pattern with 2 objects: create an AAB pattern (red, red, blue, red, red, blue) | Look at the time on your cell phone and have your child say each digit  Do 10 times today | Roll dice and count the dots. Do 10 times today | Sort something by color. | Create different shapes out of any item (circle, square, rectangle, oval, triangle, diamond) |
| Pre-K Facebook page |  | Watch story on McKeesport Area Pre-K Counts Facebook Page | Watch science activity on Facebook | Watch story on McKeesport Area Pre-K Counts Facebook Page |  |
| Motor | Fine: String beads or noodles on a string | Gross: 10 jumping jacks | Fine: Carry sock from one end of the room to another with tongs | Gross: 10 toy soldiers | Fine: cut zig-zag lines |
| Oral language | Stay a word and have your child provide a rhyming word | Say a word and have you child repeat the starting sound. Cat- /c/ | Work on pronouns- he, she, it, we, they, them, I, me | Talk about positional words: on, over, above, below, under, next to, beside | Expand vocabulary by introducing a new word today! |
| Independence/ Social Emotional Development | Pick out clothes and dress self- you’re not going anywhere! | Make faces/ gestures and have your child identify the emotion | Help make your bed or fold towels if it is laundry day | Make sure to use your good manners (please and thank you) | Prepare toothbrush and brush your teeth (in the morning and before bed) |



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Weekly Preschool Lesson Ideas

Week of: April 20th- April 24th

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| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Alphabet  Look at a book or magazine and… | Find 10 K’s  (upper or lower case) | Find 10 L’s  (upper or lower case) | Find 10 M’s  (upper or lower case) | Find 10 N’s  (upper or lower case) | Find 10 O’s  (upper or lower case) |
| Writing | Put shampoo, lotion or gel in a Ziploc bag write letter in it | Write or trace name on paper with a pencil | Build letters with socks | Write or trace name on paper with a pencil | Take a Break from Writing |
| Math | Pattern with 2 objects: create an ABB pattern (red, blue, blue, red, blue, blue) | Look at clock and say the digits you see | Count out 10 jelly beans, M&M’s or pretzel sticks- then share and enjoy | Sort toys by type or style | Go on a shape walk *outside* {while practicing social distancing} (circle, square, rectangle, oval, triangle, diamond) |
| Pre-K Facebook page |  | Watch story on McKeesport Area Pre-K Counts Facebook Page | Watch science activity on Facebook | Watch story on McKeesport Area Pre-K Counts Facebook Page |  |
| Motor | Fine: string beads on a pipe cleaner or string | Gross: dance around the house to music | Fine: use popsicle sticks to create a shape or 3-D structure | Gross: play indoor hopscotch | Fine: complete a puzzle with your child |
| Oral language | Clap out the syllables to your first and last name | Read a story with your child and ask “who” and “what” questions | Cut out pictures from grocery ads and have you child say the names of the items | Retell a story using your toys as characters | Expand vocabulary by introducing a new word today! |
| Independence/ Social Emotional Development | Identify the emotions associated with the emojis on a cell phone keyboard | *Take turns* with a parent or sibling playing a board game or completing a puzzle | Encourage the use of manners throughout the day, not just when you want something 😊 | Brush/comb your hair when you wake up | Role play with your child how to resolve conflicts the appropriate way |



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Weekly Preschool Lesson Ideas

Week of: April 27th- May 1st

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| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Alphabet  Look at a book or magazine and… | Find 10 P’s  (upper or lower case) | Find 10 Q’s  (upper or lower case) | Find 10 R’s  (upper or lower case) | Find 10 S’s  (upper or lower case) | Find 10 T’s  (upper or lower case) |
| Writing | Put salt or sugar on a plate and write letter in it | Write or trace name on paper with a pencil | Build letters with Legos or blocks | Write or trace name on paper with a pencil | Take a Break from Writing |
| Math | Pattern with 3 objects: create an ABC pattern (red, blue, green, red, blue, green) | Point to the numbered days on a calendar randomly, have your child say as many numbers as they can | Cook with your child, have them count the number of ingredients in the recipe | Sort household objects by shape | Name the shapes you see in a room of your home |
| Pre-K Facebook page |  | Watch story on McKeesport Area Pre-K Counts Facebook Page | Watch science activity on Facebook | Watch story on McKeesport Area Pre-K Counts Facebook Page |  |
| Motor | Fine: zip and unzip your jacket 5 times | Gross: put your feet on paper plate and “skate” on the carpet | Fine: using crayons, colored pencils, or markers try your best to color within the lines | Gross: move around like an animal | Fine: clip clothespins along the edge of box |
| Oral language | Clap out the syllables to the name of your favorite cartoon character(s) | Read a story with your child and ask “how” and “why”  questions | While reading a story book to your child, attend to their questions and comments | Put a mystery item in a bag and give your child clues one at a time until they guess the item correctly | Expand vocabulary by introducing a new word today! |
| Independence/ Social Emotional Development | Help your sibling or parent clean something up | Practice patience by setting a timer before engaging in next activity | Put your plate and utensils in the sink by yourself after a meal | Take care of your pet, make sure they have fresh water throughout the day and food | Make someone smile and laugh today 😊 |



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Weekly Preschool Lesson Ideas

Week of: May 4th- May 8th

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| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Alphabet  Look at a book or magazine and… | Find 10 U’s  (upper or lower case) | Find 10 V’s  (upper or lower case) | Find 10 W’s  (upper or lower case) | Find 10 X’s  (upper or lower case) | Find 10 Y’s  (upper or lower case) |
| Writing | Put rice on a plate and write letter in it | Write or trace name on paper with a pencil | Build letters with breakfast cereal and then eat it! | Write or trace name on paper with a pencil | Take a Break from Writing |
| Math | Parent: Create a pattern and have your child identify and continue it |  |  |  |  |
| Pre-K Facebook page |  | Watch story on McKeesport Area Pre-K Counts Facebook Page | Watch science activity on Facebook | Watch story on McKeesport Area Pre-K Counts Facebook Page |  |
| Motor | Fine: | Gross: | Fine: | Gross: | Fine: |
| Oral language |  |  |  |  | Expand vocabulary by introducing a new word today! |
| Independence/ Social Emotional Development |  |  |  |  |  |



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Weekly Preschool Lesson Ideas

Week of: May 11th-May 15th

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| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Alphabet  Look at a book or magazine and… | Find 10 Z’s  (upper or lower case) | Find 10 A’s and B’s  (upper or lower case) | Find 10 C’s and D’s  (upper or lower case) | Find 10 E’s and F’s  (upper or lower case) | Find 10 G’s and H’s  (upper or lower case) |
| Writing | Put water in a sport top bottle and make letter outside | Write or trace name on paper with a pencil | Build letters with strings | Write or trace name on paper with a pencil | Take a Break from Writing |
| Math | Students create a pattern and have parent continue and name it |  |  |  |  |
| Pre-K Facebook page |  | Watch story on McKeesport Area Pre-K Counts Facebook Page | Watch science activity on Facebook | Watch story on McKeesport Area Pre-K Counts Facebook Page |  |
| Motor | Fine: | Gross: | Fine: | Gross: | Fine: |
| Oral language |  |  |  |  | Expand vocabulary by introducing a new word today! |
| Independence/ Social Emotional Development |  |  |  |  |  |



Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Teacher: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Parent Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Weekly Preschool Lesson Ideas

Week of: May 18th- 22nd

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| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Alphabet  Look at a book or magazine and… | Find 10 I’s and J’s  (upper or lower case) | Find 10 K’s and L’s  (upper or lower case) | Find 10 M’s and N’s  (upper or lower case) | Find 10 O’s and P’s  (upper or lower case) | Find 10 Q’s and R’s  (upper or lower case) |
| Writing | Dip a Q-tip or paint brush in water and make letters on wax paper | Write or trace name on paper with a pencil | Build letters with anything you can think of, use your imagination | Write or trace name on paper with a pencil | Take a Break from Writing |
| Math | Take turns creating and extending patterns |  |  |  |  |
| Pre-K Facebook page |  | Watch story on McKeesport Area Pre-K Counts Facebook Page | Watch science activity on Facebook | Watch story on McKeesport Area Pre-K Counts Facebook Page |  |
| Motor | Fine: | Gross: | Fine: | Gross: | Fine: |
| Oral language |  |  |  |  | Expand vocabulary by introducing a new word today! |
| Independence/ Social Emotional Development |  |  |  |  |  |



Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Teacher: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Parent Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Weekly Preschool Lesson Ideas

Week of: May 25th-May 29th

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| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Alphabet  Look at a book or magazine and… | Look for the letters:  U, S, and A | Find 10 S’s and T’s  (upper or lower case) | Find 10 U’s and V’s  (upper or lower case) | Find 10 W’s and X’s  (upper or lower case) | Find 10 Y’s and Z’s  (upper or lower case) |
| Writing | Write and decorate the letters USA | Write or trace name on paper with a pencil | Build letters with crayons | Write or trace name on paper with a pencil | Take a Break from Writing |
| Math | Tally the number of U’s, S’s, and A’s you see today |  |  |  |  |
| Pre-K Facebook page |  | Watch story on McKeesport Area Pre-K Counts Facebook Page | Watch science activity on Facebook | Watch story on McKeesport Area Pre-K Counts Facebook Page |  |
| Motor | Fine: Cut out your parade banner  Gross: March with your flag | Gross: | Fine: | Gross: | Fine: |
| Oral language | Fill a bucket or pan with nature and play with it (grass, leaves, sticks, pine cones) |  |  |  | Expand vocabulary by introducing a new word today! |
| Independence/ Social Emotional Development | Thank a person who served in the military |  |  |  |  |



Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Teacher: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Parent Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_