Weekly Preschool Lesson Ideas

Week of: May 4th- May 8th

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Alphabet  Look at a book or magazine and… | Find 10 U’s  (upper or lower case) | Find 10 V’s  (upper or lower case) | Find 10 W’s  (upper or lower case) | Find 10 X’s  (upper or lower case) | Find 10 Y’s  (upper or lower case) |
| Writing | Put rice on a plate and write letters in it | Write or trace name on paper with a pencil | Build letters with breakfast cereal and then eat it | Write or trace name on paper with a pencil | Take a Break from Writing |
| Math | Parent: Create a pattern and have your child identify and continue it | Sort toys or jewelry by color and size (ex: cars, bracelets, bows) | Put a puzzle together or play a board game with your family | Sort the laundry. Match the socks | Go on a shape walk either inside or outside. Find a shape, say what it is, and describe the shape |
| Pre-K Facebook page |  | Watch story on McKeesport Area Pre-K Counts Facebook Page |  | Watch story on McKeesport Area Pre-K Counts Facebook Page |  |
| Motor | Fine: Put Legos or snap cubes together | Gross: Count to 10 while exercising: jumps, squats, kicks, toe touches, etc. | Fine: Practice buttoning a shirt and snapping pants | Gross: Play freeze: dance or run, the stop when a family member says “FREEZE” | Fine: Cut out pictures from a magazine or catalog and glue on paper |
| Oral language | Talk about small moments with your child; share embarrassing, sad, or happy stories | Sing/create songs together using rhyming words | Talk through everyday activities to teach sequence. Use language like, “first/then, next, and finally” | Read a book to your child. Ask who? What? Where? When? Why? How? questions afterward | Expand vocabulary by introducing a new word today! |
| Independence/ Social Emotional Development | Pick out your own clothes | Get dressed yourself | Prepare breakfast or lunch (with supervision) | Prepare toothbrush and brush teeth | Set the table or clean up the table after a meal |

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Teacher: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Parent Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Weekly Preschool Lesson Ideas

Week of: May 11th-May 15th

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
|  | Monday | Tuesday | Wednesday | Thursday | Friday |
| Alphabet  Look at a book or magazine and… | Find 10 Z’s  (upper or lower case) | Find 10 A’s and B’s  (upper or lower case) | Find 10 C’s and D’s  (upper or lower case) | Find 10 E’s and F’s  (upper or lower case) | Find 10 G’s and H’s  (upper or lower case) |
| Writing | Put water in a sport top bottle and make letters outside | Write or trace name on paper with a pencil | Build letters with strings | Write or trace name on paper with a pencil | Take a Break from Writing |
| Math | Students create a pattern and have parent continue and name it | Practice counting with pieces of cereal, buttons, Barbie shoes, or Legos, etc. | Practice writing some numbers. Use sidewalk chalk, paper, or write in the sand | Draw 6 green worms and 5 red worms. How many worms in all? Continue with other numbers | Put your toy under your arm, above your head, beside your knee, around your waist |
| Pre-K Facebook page |  | Watch story on McKeesport Area Pre-K Counts Facebook Page |  | Watch story on McKeesport Area Pre-K Counts Facebook Page |  |
| Motor | Fine: Practice zipping a jacket | Gross: Move like animals: frog jump, crab walk, elephant walk, monkey swing, turtle crawl | Fine: Play with play dough or clay | Gross: Dance to Go Noodle videos on YouTube | Fine: Tear paper and make a mosaic picture out of it |
| Oral language | Talk using descriptive language. Use the 5 senses to describe everyday objects | See how many animals you can name in 3 minutes | Tell how you play your favorite game, include all the steps you can remember | Make up a joke and tell it to someone | Expand vocabulary by introducing a new word today! |
| Independence/ Social Emotional Development | Put away your toys | Clean your room | Get bath ready, wash your body and hair, put on pajamas | Put away coats, shoes, backpack, etc. when entering the house | Take care of a pet |

Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Teacher: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Parent Signature: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_